Miss Whitehurst RSE Subject Leader

Date: 31.03.23

Jpcoming Events

RSE Day – Week beginning 26th June 2023

RSE NEWS



Welcome to our RSE newsletter!

Since September, staff and pupils have been working hard in their RSE lessons to raise its profile in school and help the children in learning value life lessons and skills. Many of the objectives we cover are taught through our PATHS, Science, Computing and PE lessons, however, some we teach as stand alone RSE lessons.

RSE stands for Relationships and Sex Education and each year group teaches age-appropriate objectives in areas such as Friendships, Physical and Mental Health, Relationships and Families and Keeping Safe Online.

RSE are a great opportunity for children to discuss experiences with their peers and learn how to manage difficult situations.

This half term we have been learning about:

- Year 1 keeping active and safe in the sun
- Year 2 keeping active and looking after our mental wellbeing
- Year 3 what to do if you feel unsafe
- Year 4 online safety and how to make an emergency call
- Year 5 Marriage

Year 6 – keeping active, healthy diets and learning about legal and illegal substances





<u>RSE DAY</u>

As a way of celebrating our first full year working and learning through the RSE curriculum, Broad Oak are going to have an RSE day focusing upon all the elements of different relationships. Each year groups from EYFS to Y6 learn about the different types of relationships that they will encounter as they grow up, how to navigate relationships and when to identify if a relationship is having a negative impact upon them. We look forward to sharing lots of our RSE Day work with you.

RSE Ambassadors Phase 2 – Isla (Y1) Phase 3 – Tyler (Y4) Phase 4 – Jessica (Y